



**2015 KYF® HEADS UP FOOTBALL® CLINIC  
August 8, 2015 – Taylor High School – Main Commons**

<u>Time</u>	<u>Agenda Item</u>	<u>Owner</u>
11:30 AM	Check In (Main Entrance)	ALL
12:00 PM	Welcome (Main Commons)	Anthony Biello KYF® President
12:05 PM	Video (Main Commons) Introduction\Need for Program Your Role as a Coach/Parent/Player	KYF® PSCs
12:15: – 12:45 PM	Concussion Awareness, Recognition & Response Question\Answer Session  A. Definition B. Causes C. Signs and Symptoms D. Removal from play E. Return to play	Deidre Duke, ATC Methodist Concussion Center
1:00 –1:30 PM	Heat Preparedness & Hydration Acclimatizing Athletes Signs & treatment of heat illness Emergency Action & Onsite Cooling	KYF® PSCs
1:30 –1:50 PM	Sudden Cardiac Arrest Question\Answer Session	KYF® PSCs
2:00 –2:20 PM	Proper Equipment Fitting Question\Answer Session	KYF® PSCs
2:20 –3:00 PM	Heads Up Tackling/Blocking (Curriculum)  A. Terminology B. Psychology Of Building Confidence C. Levels of Contact - Video D. Tackle Progression E. Tackle Drills F. Tackle Circuit G. Heads Up Blocking	KYF® PSCs
3:00 PM –4:00 PM	Heads Up Tackling/Blocking Drills (Interactive Drills) Taylor HS Competition Football Field	KYF® PSCs
4:00 PM	Conclude	